



Wednesday 6 March 2019 PAEDIATRIC PAIN SYMPOSIUM DAY
Moving from Risk Factors to Resilience in Children and Adolescents with Pain

0800	Registration Desk Open, Welcome Tea & Coffee	Foyer
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Risk Factors for 'Languishing' with Pain - Risk for Onset and Outcomes

0900-0910	<i>Paediatrics Day – Welcome & Introductions</i>	Savoy West
0910-1010	<p><i>Paediatric Pain – What Do We Know?</i></p> <ul style="list-style-type: none"> - Epidemiology - Genetics and Epigenetics - Risk Factors - Introduction to risk factors for chronic pain and suffering - What predicts poor functioning and outcomes? <p>Dr Ross Drake, Consultant, Starship Child Health, Auckland, NZ Dr Jordan Wood, Canterbury DHB, Christchurch, NZ</p>	
1010-1030	Morning Tea	Restaurant
1030-1100	<p><i>Adverse Childhood Events and Long Term Outcomes</i></p> <ul style="list-style-type: none"> - The impact of cumulative trauma - Paediatric psychosocial preventative health model (PPPHM) <p>Dr Kirsty Ross, Massey University, Auckland, NZ</p>	
1100-1150	<p><i>NZ Maori and Pasifika Youth Health - Accessing Pain Services</i></p> <p>A panel of experts with knowledge of Maori, Pasifika and Youth health</p> <p>Associate Professor Gwyn Lewis, Neurophysiologist, Health and Rehabilitation Research Institute, Auckland University of Technology, Auckland, NZ Dr Paul Vroegop, Child and Adolescent Consult-Liaison Psychiatrist & Pain Specialist, Counties Manukau Health, Auckland, NZ Ruru Hona, Canterbury DHB, Christchurch, NZ Hector Matthews, Canterbury DHB, Christchurch, NZ</p>	
1150-1215	<i>DISCUSSION / QUESTION SESSION - LANGUISHING</i>	
1215-1300	Lunch	Restaurant



Please note this is a draft programme and is subject to change.

Resilience and Post-Traumatic growth - Moving towards 'Flourishing'

1300-1345	<p><i>Resilience in the Face of Adversity</i></p> <ul style="list-style-type: none"> - What predicts resilient and helpful coping in the face of adversity - How can systems best support youth after adversity <p>Dr Maureen Mooney, Clinical Psychologist, Research Associate, Joint Centre for Disaster Research (JCDR), Massey University, Wellington, NZ</p>
1345-1415	<p><i>Resilience and Coping with Chronic Pain</i></p> <ul style="list-style-type: none"> - Drawing from the adult literature <p>Dr Bronnie Lennox Thompson, Senior Lecturer, Department of Orthopaedic Surgery & Musculoskeletal Medicine, University of Otago, Christchurch, NZ</p>
1415-1430	<p>Afternoon Tea Restaurant</p>
1430-1510	<p><i>Resilience and the Family System</i></p> <ul style="list-style-type: none"> - The family system <p>Dr Paul Vroegop, Counties Manukau Health, Auckland, NZ</p>
1510-1550	<p><i>Post Traumatic Growth after Adversity</i></p> <ul style="list-style-type: none"> - Moving beyond adversity – is it possible to Flourish? - What can we learn from other paediatric fields of research? <p>Dr Rebekah Smith, Clinical Psychologist, Older Persons Mental Health, Canterbury DHB, Christchurch, NZ</p>
1550-1610	<p><i>DISCUSSION / QUESTION SESSION – FLOURISHING</i></p>
1610-1700	<p><i>PANEL DISCUSSION</i> Presenting a panel of experts who work in the field of pain from around New Zealand. The panel will provide practical advice about strategies, and a discussion of resources to help clinicians who may not have access to a specialist pain service.</p>
1700-1800	<p>AGM for the Pain in Childhood (PinC) / Pain in Children and Adolescents (PICA) Special Interest Group</p>